Sunday / Domingo Sunday AM Recovery 11:00 AM - 12:30 PM Mountainside Hospital Hospital Conference Room #1 / Parking is free. Parking pass validated at the front desk. 1 Bav Avenue Montclair, NJ, 07028 (O,JFT,St,WC,NS,Lc,Gr) Recovery in NA 12:00 PM - 1:30 PM First Presbyterian Church Entrance is on Laurel Ave 663 Kearny Ave Kearnv, NI, 07032 (O,D,S,Tp,WC,NS) Just For Today 7:30 PM - 8:30 PM Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110 (C,D,JFT,NS,L) New Attitudes 7:30 PM - 9:00 PM United Methodist Church 26 Montrose Avenue Verona, NJ, 07044 (C,D,S,Tp,NS) The Survival Kit 8:00 PM - 9:30 PM AMVETS Post 20 323 New York Ave Lvndhurst, NI, 07071 (C,D,H&W,S,SWG,WC,NS) Enter through side Monday / Lunes Good Day To Be Alive 12:00 PM - 1:00 PM Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110 (O,B,D,NS)Hope Group 7:00 PM - 8:30 PM St. Joseph's Rectory (basement) parking - right rear 61 Monroe Street Hoboken, NJ, 07030 (C,RR,WC,NS,V) Foundation Group 8:00 PM - 9:30 PM Verona United Methodist Church 26 Montrose Ave. & Hill St. Verona, NJ, 07044 (O,RR,NS)

Monday / Lunes (cont) Recovery By The Book 8:00 PM - 9:30 PM Fewsmith Presbyterian Church 444 Union Avenue Belleville, NJ, 07109 (O,Bk,D,RR,NS) Tuesdav / Martes Good Day To Be Alive 12:00 PM - 1:00 PM Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110 (O,WC,NS,St1-3) Steps To Recovery 7:30 PM - 9:00 PM Community Church of Cedar Grove 65 Bowden Road Cedar Grove, NJ, 07009 (O,D,S,St,WC,NS) Wednesday / Miércoles Good Day To Be Alive 12:00 PM - 1:00 PM Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110 (O,D,WC,NS)LifeLine 7:30 PM - 9:00 PM Grace Episcopal Church 200 Highfield Lane Nutley, NJ, 07110 (O,D,S,WC,NS) **Recovery Room** 8:00 PM - 9:30 PM Verona United Methodist Church 26 Montrose Ave. & Hill St. Verona, NJ, 07044 (O,Bk,D,NS) Thursday / lueves Good Day To Be Alive 12:00 PM - 1:00 PM Franklin Reformed Church 45 Hillside Crescent Nutlev. NI. 07110 (O,D,Tp,WC,NS,Gr)

Thursday / Jueves (cont) Today We Live

8:00 PM - 9:30 PM Fewsmith Presbyterian Church Little St. & Union Ave. Belleville, NJ, 07109 (0,D,S,NS,St1-3)

Friday / Viernes

Good Day To Be Alive 12:00 PM - 1:00 PM Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110 (O,D,JFT,NS) Brookdale Friday Night Meeting 8:00 PM - 9:30 PM Brookdale Reformed Church 16 Bellevue Avenue Bloomfield, NJ, 07003 (O,S,St,WC,NS) Rav Of Hope 8:00 PM - 9:30 PM **Trinity Covenant Church** 343 East Cedar Street Livingston, NJ, 07039 (O,D,S,WC,NS)Night Crawlers 10:00 PM - 11:30 PM Glen Ridge Congregational Church 195 Ridgewood Ave. Glen Ridge, NJ, 07028 (O,Cn,JFT,RR,NS,Md) Saturday / Sábado Little Miracles 10:00 AM - 11:00 AM Fewsmith Presbyterian Church Little St. & Union Ave. Belleville, NJ, 07109

(O,D,JFT,NS)

12 Step Workshop 8:00 PM - 9:30 PM

First Congregational Church enter on side street 40 South Fullerton Ave. Montclair, NJ, 07042 (O,D,St,NS)

| | MEETING FOR | MAT | LEGEND |
|-------|--------------------------|-----|--------------------------|
| St | Step | 0 | Open (anyone welcome) |
| В | Beginner | D | Discussion |
| Cn | Candlelight | Bk | Basic Text |
| С | Closed (addicts only) | JFT | Just for Today |
| RR | Round Robin | S | Speaker |
| SWG | Step Working Guides | Тр | Торіс |
| WC | Wheelchair | Md | Meditation |
| H&W | It Works How and Why | V | Varied |
| NS | No Smoking | Lc | Living Clean |
| L | Literature | Gr | Grab Bag |
| St1-3 | Steps 1, 2 and 3 | | |

SERVICE MEETINGS

Suburban Essex Area Service - 2nd Thursday of each month @ 7PM. Brookdale Reformed Church, 16 Bellevue Avenue, Bloomfield, NJ 07003

Hospitals and Institutions - 3rd Monday of each month at 7:00 PM at Fewsmith Presbyterian Church 444 Union Avenue in Belleville (Little Street side entrance upstairs)

Activities - 2nd and 4th Monday of each month at 7:00 PM at Fewsmith Presbyterian Church 444 Union Avenue in Belleville (Little Street side entrance upstairs)

Public Relations - 4th Thursday of each month at 7:00 PM on Zoom Meeting ID: 850 9198 1939, Passcode: 126736

| PHONE NUMBERS | |
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| at is our message? The message is that an lict, any addict, can stop using drugs, lose to ire to use, and find a new way to live. Our | |

message is hope and the promise of freedom. --

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SUBURBAN ESSEX AREA

MEETING LIST

APRIL 2025

STATE WIDE 24 HOUR HELPLINE

800-992-0401

Suburban Essex Area of Narcotics Anonymous



https://suburbanessexna.org SUGGESTIONS

Avoid People, Places, and Things You Used With or At Come Early and Stay Late Don't Use and Go to Meetings Get and Use a Sponsor Get a Home Group Go to 90 Meetings in 90 Days Use the Phone Keep Coming Back, It Works Get Involved In Service

Meetings Weekly: 22