Sunday / Domingo

Sunday AM Recovery

11:00 AM - 12:30 PM

Clara Maass Hospital main entrance, Founder Room 1 Clara Maass Drive Belleville, NJ, 07109

(O,JFT,St,WC,NS,Lc,Gr)

Recovery in NA

12:00 PM - 1:30 PM

First Presbyterian Church Entrance is on Laurel Ave 663 Kearny Ave

Kearny, NJ, 07032

(O,D,S,Tp,WC,NS)

Just For Today

7:30 PM - 8:30 PM

Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110

(C,D,JFT,NS,L)

<u>New Attitudes</u>

7:30 PM - 9:00 PM

United Methodist Church 26 Montrose Avenue Verona, NJ, 07044

(C,D,S,Tp,NS)

Monday / Lunes

Good Day To Be Alive

12:00 PM - 1:00 PM

Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110 (O,B,D,NS)

Hope Group

7:00 PM - 8:30 PM

St. Joseph's Rectory (basement) parking - right rear

61 Monroe Street Hoboken, NJ, 07030

(C,RR,WC,NS,V)

Foundation Group

8:00 PM - 9:30 PM

Verona United Methodist Church 26 Montrose Ave. & Hill St. Verona, NJ, 07044

(O,RR,NS)

Recovery By The Book

8:00 PM - 9:30 PM

Fewsmith Presbyterian Church 444 Union Avenue Belleville, NJ, 07109 (O,Bk,D,RR,NS)

Tuesday / Martes

Good Day To Be Alive

12:00 PM - 1:00 PM

Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110 (O,WC,NS,St1-3)

Steps To Recovery

7:30 PM - 9:00 PM

Community Church of Cedar Grove 65 Bowden Road Cedar Grove, NJ, 07009 (O,D,S,St,WC,NS)

Wednesday / Miércoles

Good Day To Be Alive

12:00 PM - 1:00 PM

Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110 (O,D,WC,NS)

LifeLine

7:30 PM - 9:00 PM

Grace Episcopal Church 200 Highfield Lane Nutley, NJ, 07110 (O,D,S,WC,NS)

Recovery Room

8:00 PM - 9:30 PM

Verona United Methodist Church 26 Montrose Ave. & Hill St. Verona, NJ, 07044 (O,Bk,D,NS)

Thursday / Jueves

Good Day To Be Alive

12:00 PM - 1:00 PM

Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110 (O,D,Tp,WC,NS,Gr)

Today We Live

8:00 PM - 9:30 PM

Fewsmith Presbyterian Church Little St. & Union Ave. Belleville, NJ, 07109

(O,D,S,NS,St1-3)

Friday / Viernes

Good Day To Be Alive

12:00 PM - 1:00 PM

Franklin Reformed Church 45 Hillside Crescent Nutley, NJ, 07110 (O,D,JFT,NS)

Brookdale Friday Night Meeting

8:00 PM - 9:30 PM

Brookdale Reformed Church 16 Bellevue Avenue Bloomfield, NJ, 07003

(O,S,St,WC,NS)

Ray Of Hope 8:00 PM - 9:30 PM

Trinity Covenant Church 343 East Cedar Street

Livingston, NJ, 07039 (O,D,S,WC,NS)

Night Crawlers

10:00 PM - 11:30 PM

Glen Ridge Congregational Church 195 Ridgewood Ave. Glen Ridge, NJ, 07028

(O,Cn,JFT,RR,NS,Md)

Saturday / Sábado

<u>Little Miracles</u>

10:00 AM - 11:00 AM

Fewsmith Presbyterian Church Little St. & Union Ave. Belleville, NJ, 07109

(O,D,JFT,NS)

12 Step Workshop

8:00 PM - 9:30 PM

First Congregational Church enter on side street 40 South Fullerton Ave. Montclair, NJ, 07042

(O,D,St,NS)

MEETING FORMAT LEGEND				
В	Beginner	Bk	Basic Text	
С	Closed (addicts only)	Cn	Candlelight	
D	Discussion	Gr	Grab Bag	
JFT	Just for Today	L	Literature	
Lc	Living Clean	Md	Meditation	
NS	No Smoking	0	Open (anyone welcome)	
RR	Round Robin	S	Speaker	
St	Step	St1-3	Steps 1, 2 and 3	
Тр	Topic	V	Varied	
WC	Wheelchair			

SERVICE MEETINGS

Suburban Essex Area Service - 2nd Thursday of each month @ 7PM. Brookdale Reformed Church, 16 Bellevue Avenue, Bloomfield, NJ 07003

Hospitals and Institutions - 3rd Monday of each month at 7:00 PM at Fewsmith Presbyterian Church 444 Union Avenue in Belleville (Little Street side entrance upstairs)

Activities - 2nd and 4th Monday of each month at 7:00 PM at Fewsmith Presbyterian Church 444 Union Avenue in Belleville (Little Street side entrance upstairs)

PHONE NUMBERS

What is our message? The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom. -- Basic Text, page 65



SUBURBAN ESSEX AREA MEETING LIST OCTOBER 2024

STATE WIDE 24 HOUR HELPLINE

800-992-0401

Suburban Essex Area of Narcotics Anonymous



https://suburbanessexna.org SUGGESTIONS

Avoid People, Places, and Things You Used With or At
Come Early and Stay Late
Don't Use and Go to Meetings
Get and Use a Sponsor
Get a Home Group
Go to 90 Meetings in 90 Days
Use the Phone
Keep Coming Back, It Works
Get Involved In Service

Meetings Weekly: 21