

## **Sunday / Domingo**

### Sunday AM Recovery **11:00 AM - 12:30 PM**

Mountainside Medical Center Private dining room in rear of cafeteria / Free parking pass validated at front desk.

1 Bay Avenue  
Montclair, NJ, 07042  
**(O,JFT,St,WC,NS,Lc,Gr)**

### Recovery in NA **NOON - 1:30 PM**

First Presbyterian Church Entrance is on Laurel Ave  
663 Kearny Ave  
Kearny, NJ, 07032  
**(O,D,S,Tp,WC,NS)**

### Just For Today **7:30 PM - 8:30 PM**

Franklin Reformed Church  
45 Hillside Crescent  
Nutley, NJ, 07110  
**(C,D,JFT,NS,L)**

### New Attitudes **7:30 PM - 8:45 PM**

United Methodist Church  
26 Montrose Avenue  
Verona, NJ, 07044  
**(C,D,S,Tp,NS)**

### The Survival Kit **8:00 PM - 9:30 PM**

United Methodist Church  
250 Stuyvesant Ave.  
Lyndhurst, NJ, 07071  
**(C,D,H&W,NC,S,SWG,St,Td,NS)** Use back wooden staircase on Fontine Ave, enter through kitchen.

## **Monday / Lunes**

### Good Day To Be Alive **NOON - 1:00 PM**

Franklin Reformed Church  
45 Hillside Crescent  
Nutley, NJ, 07110  
**(O,B,D,NS)**

### Hope Group **7:00 PM - 8:30 PM**

St. Joseph's Rectory (basement) parking - right rear  
61 Monroe Street  
Hoboken, NJ, 07030  
**(C,RR,NS,V)**

## **Monday / Lunes (cont)**

### Foundation Group **8:00 PM - 9:30 PM**

Verona United Methodist Church  
26 Montrose Ave. & Hill St.  
Verona, NJ, 07044  
**(O,RR,NS)**

### Recovery By The Book **8:00 PM - 9:30 PM**

Fewsmith Presbyterian Church  
444 Union Avenue  
Belleville, NJ, 07109  
**(O,Bk,D,RR,NS)**

## **Tuesday / Martes**

### Good Day To Be Alive **NOON - 1:00 PM**

Franklin Reformed Church  
45 Hillside Crescent  
Nutley, NJ, 07110  
**(O,WC,NS,St1-3)**

### Courage To Change Women's Meeting

#### **7:00 PM - 8:00 PM**

B'Nai Keshet  
99 S. Fullerton Ave  
Montclair, NJ, 07042  
**(O,D,St,Tp,W,SPAD)** Restarted on 12/2/25

### Stepping Into Life **7:30 PM - 9:00 PM**

Allwood Community Church  
100 Chelsea Road  
Clifton, NJ, 07012  
**(O,D,Ro,S,NS)**

### Steps To Recovery **7:30 PM - 9:00 PM**

Community Church of Cedar Grove  
65 Bowden Road  
Cedar Grove, NJ, 07009  
**(O,D,S,St,WC,NS)**

## **Wednesday / Miércoles**

### Good Day To Be Alive **NOON - 1:00 PM**

Franklin Reformed Church  
45 Hillside Crescent  
Nutley, NJ, 07110  
**(O,D,WC,NS)**

### LifeLine

**7:30 PM - 9:00 PM**  
Grace Episcopal Church  
200 Highfield Lane  
Nutley, NJ, 07110  
**(O,D,S,WC,NS)**

## **Wednesday / Miércoles (cont)**

### Recovery Room **8:00 PM - 9:30 PM**

Verona United Methodist Church  
26 Montrose Ave. & Hill St.  
Verona, NJ, 07044  
**(O,Bk,D,NS)**

## **Thursday / Jueves**

### Good Day To Be Alive **NOON - 1:00 PM**

Franklin Reformed Church  
45 Hillside Crescent  
Nutley, NJ, 07110  
**(O,D,Tp,WC,NS,Gr)**

### Today We Live **8:00 PM - 9:30 PM**

Fewsmith Presbyterian Church  
Little St. & Union Ave.  
Belleville, NJ, 07109  
**(O,D,S,NS,St1-3)**

## **Friday / Viernes**

### Good Day To Be Alive **NOON - 1:00 PM**

Franklin Reformed Church  
45 Hillside Crescent  
Nutley, NJ, 07110  
**(O,D,JFT,NS)**

### Brookdale Friday Night Meeting

#### **8:00 PM - 9:30 PM**

Brookdale Reformed Church  
16 Bellevue Avenue  
Bloomfield, NJ, 07003  
**(O,S,St,WC,NS)**

### Ray of Hope **8:00 PM - 9:30 PM**

Trinity Covenant Church  
343 East Cedar Street  
Livingston, NJ, 07039  
**(O,D,S,WC,NS)**

### Night Crawlers **10:00 PM - 11:30 PM**

Glen Ridge Congregational Church  
195 Ridgewood Ave.  
Glen Ridge, NJ, 07028  
**(O,Cn,JFT,RR,NS,Md)**





**SUBURBAN ESSEX AREA  
MEETING LIST  
JUNE 2026**

**STATE WIDE  
24 HOUR HELPLINE**

**800-992-0401**

**Suburban Essex Area of Narcotics Anonymous**



**<https://suburbanessexna.org>**

**SUGGESTIONS**

Avoid People, Places, and Things You Used With or At

Come Early and Stay Late

Don't Use and Go to Meetings

Get and Use a Sponsor

Get a Home Group

Go to 90 Meetings in 90 Days

Use the Phone

Keep Coming Back, It Works

Get Involved In Service

***Meetings Weekly: 24***