

Sunday / Domingo

Sunday AM Recovery **11:00 AM - 12:30 PM**

Mountainside Medical Center Private dining room in rear of cafeteria / Free parking pass validated at front desk.

1 Bay Avenue
Montclair, NJ, 07042
(O,JFT,St,WC,NS,Lc,Gr)

Recovery in NA **NOON - 1:30 PM**

First Presbyterian Church Entrance is on Laurel Ave
663 Kearny Ave
Kearny, NJ, 07032
(O,D,S,Tp,WC,NS)

Just For Today

7:30 PM - 8:30 PM

Franklin Reformed Church
45 Hillside Crescent
Nutley, NJ, 07110
(C,D,JFT,NS,L)

New Attitudes

7:30 PM - 8:45 PM

United Methodist Church
26 Montrose Avenue
Verona, NJ, 07044
(C,D,S,Tp,NS)

The Survival Kit

8:00 PM - 9:30 PM

United Methodist Church
250 Stuyvesant Ave
Lyndhurst, NJ, 07071
(C,D,H&W,NC,S,SWG,St,Td,WC,NS) Use side red door
on Tontine Ave

Monday / Lunes

Good Day To Be Alive

NOON - 1:00 PM

Franklin Reformed Church
45 Hillside Crescent
Nutley, NJ, 07110
(O,B,D,NS)

Hope Group

7:00 PM - 8:30 PM

St. Joseph's Rectory (basement) parking - right rear
61 Monroe Street
Hoboken, NJ, 07030
(C,RR,NS,V)

Monday / Lunes (cont)

Foundation Group **8:00 PM - 9:30 PM**

Verona United Methodist Church
26 Montrose Ave. & Hill St.
Verona, NJ, 07044
(O,RR,NS)

Recovery By The Book

8:00 PM - 9:30 PM

Fewsmith Presbyterian Church
444 Union Avenue
Belleville, NJ, 07109
(O,Bk,D,RR,NS)

Tuesday / Martes

Good Day To Be Alive

NOON - 1:00 PM

Franklin Reformed Church
45 Hillside Crescent
Nutley, NJ, 07110
(O,WC,NS,St1-3)

Courage To Change Women's Meeting

7:00 PM - 8:00 PM

B'Nai Keshet
99 S. Fullerton Ave
Montclair, NJ, 07042
(O,D,St,Tp,W,SPAD) Restarted on 12/2/25

Stepping Into Life

7:30 PM - 9:00 PM

Allwood Community Church
100 Chelsea Road
Clifton, NJ, 07012
(O,D,Ro,S,NS)

Steps To Recovery

7:30 PM - 9:00 PM

Community Church of Cedar Grove
65 Bowden Road
Cedar Grove, NJ, 07009
(O,D,S,St,WC,NS)

Wednesday / Miércoles

Good Day To Be Alive

NOON - 1:00 PM

Franklin Reformed Church
45 Hillside Crescent
Nutley, NJ, 07110
(O,D,WC,NS)

Wednesday / Miércoles (cont)

LifeLine

7:30 PM - 9:00 PM

Grace Episcopal Church
200 Highfield Lane
Nutley, NJ, 07110
(O,D,S,WC,NS)

Recovery Room

8:00 PM - 9:30 PM

Verona United Methodist Church
26 Montrose Ave. & Hill St.
Verona, NJ, 07044
(O,Bk,D,NS)

Thursday / Jueves

Good Day To Be Alive

NOON - 1:00 PM

Franklin Reformed Church
45 Hillside Crescent
Nutley, NJ, 07110
(O,D,Tp,WC,NS,Gr)

Today We Live

8:00 PM - 9:30 PM

Fewsmith Presbyterian Church
Little St. & Union Ave.
Belleville, NJ, 07109
(O,D,S,NS,St1-3)

Friday / Viernes

Good Day To Be Alive

NOON - 1:00 PM

Franklin Reformed Church
45 Hillside Crescent
Nutley, NJ, 07110
(O,D,JFT,NS)

Brookdale Friday Night Meeting

8:00 PM - 9:30 PM

Brookdale Reformed Church
16 Bellevue Avenue
Bloomfield, NJ, 07003
(O,S,St,WC,NS)

Ray of Hope

8:00 PM - 9:30 PM

Trinity Covenant Church
343 East Cedar Street
Livingston, NJ, 07039
(O,D,S,WC,NS)



**SUBURBAN ESSEX AREA
MEETING LIST
APRIL 2026**

**STATE WIDE
24 HOUR HELPLINE**

800-992-0401

Suburban Essex Area of Narcotics Anonymous



<https://suburbanessexna.org>

SUGGESTIONS

Avoid People, Places, and Things You Used With or At

Come Early and Stay Late

Don't Use and Go to Meetings

Get and Use a Sponsor

Get a Home Group

Go to 90 Meetings in 90 Days

Use the Phone

Keep Coming Back, It Works

Get Involved In Service

Meetings Weekly: 24